

Details of our bespoke wall and pricing information.

When our wall arrives, it will cover three sides of the room. The three walls will offer three different but complimentary areas for climbing, catering for everyone from the complete beginner to the competent climber.

Bouldering Wall – At 4m High and over 6m wide, climbers will find a range of interesting bouldering problems to test their skills on this angled and overhanging wall. Learning to move confidently, trusting your strength and technique is a great aspect of climbing that stands alone as the sport of bouldering. This transfers well to the outdoors and as part of a wider climbing experience. You don't need ropes for this wall, nor a harness. Shoes and chalk will serve you well, and of course bouldering allows you to turn up and climb if you're training on your own.

8m Traversing Wall – Great for children and beginners, learn to move on the "rock" holds and use different climbing techniques before venturing higher. More proficient climbers can use this area to improve "contact" (finger) strength and build up stamina in essential climbing muscles.

The Roped Wall – With its slab sections, angled walls and interesting "nose" section, climbers will enjoy an introduction to top roped climbing, and can progress to learning the techniques of "leading" in a controlled environment. To use this wall you will need a harness and be able to "Tie in" and "Belay" safely. These techniques, if you don't already have them, can be learnt from one of our trained instructors, just ask at reception. The wall reaches 5.5 meters, so a great height to practice your skills, build stamina and muscle strength, practice belaying, lowering off, clipping and other basic climbing techniques before you venture outdoors to climb. Remember, indoor climbing is a great winter and bad weather training for rock climbers all over the world. Y not you?

Our climbing prices include the loan of a pair of climbing shoes. If you are already a climber or get keen to pursue this sport you will realise that having your own pair of climbing shoes will be an essential very soon. Remember that Romford YMCA is working in partnership with Snow and Rock, Romford (See membership staff for details.)

If you are not a member of Romford YMCA, you can take out a climbing membership or pay as you go. The details are below.

Climbing only Direct Debits	Cost
Single climber	£35.00 pcm
Couples	£55.00 pcm
Family	£85.00 pcm
Platinum (Full amount up front)	£330.00 per annum

Pay-and-Play non-member	£ 7.00
Pay and Play Member	£5.50

If you are already one of our members, climbing can be “bolted on” to your existing membership. See here.

We realise that starting a new sport can be expensive, so we have developed a great partnership with Snow and Rock Romford, to offer our members a 10% discount on climbing and mountaineering goods. To help you get started, most of the equipment you will need to climb indoors is available to hire from reception.

Current membership	Cost of climbing “bolt on”
Single Direct Debit	£15.00 pcm
Couples DD	£20.00 pcm
Family DD	£30.00 pcm
Platinum	£120.00 per annum

Prices for hire are shown in this table. Reception will ask for your membership card to be retained while you hire, so remember to bring it with you when you climb.

Climbing Equipment	Hire cost (£)
shoes	nil
Harness	2
Karabiner	1
Belay device	1
Helmet	1